

Arterial Blood Gases

Oxygenation

	<u>Arterial (at sea level)</u>	<u>Venous (at sea level)</u>
Normal	PaO ₂ = 90 - 95 mm Hg (on room air)	PvO ₂ = 40 mm Hg
ABG's:	SaO ₂ = > 95 %	SvO ₂ = 60 - 80 %
	pH = 7.35 - 7.45	pH = 7.36
	PaCO ₂ = 35 - 45 mm Hg	PvCO ₂ = 40 - 50 mm Hg
	HCO ₃ = 22 - 26 mEq/L	HCO ₃ = 22 - 26 mEq/L

- PaO₂**
1. PaO₂ is the oxygen dissolved in plasma.
 2. At sea level, breathing room air, with a normal PaCO₂ & normal lungs, PaO₂ should be 90 - 95 mm Hg. But what should you expect the PaO₂ to be at different altitudes or on a higher FiO₂?
 3. How much will dissolve in the plasma depends on:
 - a. the use of supplemental oxygen
 - b. the barometric air pressure
 - c. the patient's PaCO₂
 - d. the water vapor in the airways
 4. Use the alveolar air equation to determine the partial pressure of O₂ dissolved in the Alveoli (PAO₂).

$$PAO_2 = (\text{Barometric pressure} - \text{Water Vapor pressure}) \times FiO_2 - \frac{PaCO_2}{\text{Resp quotient}}$$

If breathing at sea level (barometric pressure = 760 mm Hg), and breathing normal room air (FiO₂ = 21 %), with a normal water vapor pressure (47 mm Hg), have a normal PaCO₂ (45 mm Hg), and a normal respiratory quotient (0.8), then

$$PAO_2 = (760 \text{ mm Hg} - 47 \text{ mm Hg}) \times .21 - 40 / .8$$

$$PAO_2 = 713 \times .21 - 50$$

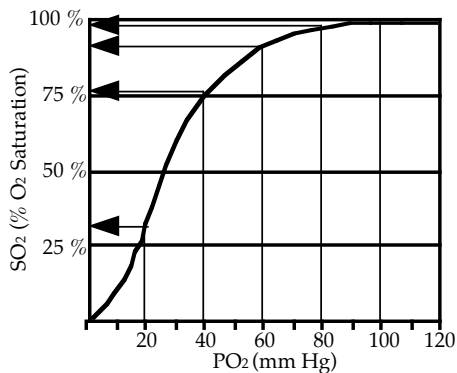
$$PAO_2 = 100 \text{ mm Hg}$$

On room air, the PaO₂ should be 5-10 mm Hg below the PAO₂.
On 100 % FiO₂, the PaO₂ should be 50 mm Hg below the PAO₂

5. A quicker way to determine what the PaO₂ should be is to use the "rule of 5." Multiply your patient's FiO₂ by 5 (this is not exact, but it will give you a general idea). For example:

FiO ₂ x 5	=	What the PaO ₂ should be
70 % x 5	=	350 mm Hg

- SaO₂**
1. SaO₂ is the percentage of hemoglobin that is saturated with O₂
 2. How saturated the hemoglobin will be with oxygen depends on:
 - a. The PaO₂ in the pulmonary capillary
 - b. The affinity of hemoglobin for oxygen.
The affinity is ↑ by: hypothermia, alkalosis, ↓ 2,3 DPG
The affinity is ↓ by: hyperthermia, acidosis, ↑ PaCO₂
 - c. The oxyhemoglobin curve describes:
How a low PaO₂ will result in a low SaO₂.
How a falling capillary PO₂ will prompt hemoglobin to desaturate as blood flows through the tissues.



If PO ₂ is:	Then SO ₂ will be:
100 mm	99 %
90	97 %
80	95 %
70	93 %
60	90 %
50	85 %
40	75 %
30	60 %
20	35 %
10	10 %